



## **Mental Health First Aid Enrollment Form**

**Date:**

**Time:**

*\*Please plan to attend the full 8 hours*

**Location:** Valeo Behavioral Health Care, 330 SW Oakley, Topeka, KS 66606

**Room:** Lower Level Conference Center

The value of this course is \$170.00. Due to a generous grant from the Association of CMHC's of Kansas, Inc., we are able to offer you a full scholarship to attend this program at no cost. Seating is limited. If you find you cannot attend after enrolling, please notify Anabel Feauto at [mhfa@valeotopeka.org](mailto:mhfa@valeotopeka.org) or call 758.233.1730.

### **Registration:**

To register, please fill in the information below and scan/email the completed form to Anabel Feauto at [mhfa@valeotopeka.org](mailto:mhfa@valeotopeka.org)

**Name (print):**

**Phone number:**

**Email Address:**

**Occupation or Employer Name:**

**I heard about this workshop from:**



*ALGEE, the Mental Health First Aid Action Plan*

- Assess for risk of suicide or harm*
- Listen nonjudgmentally*
- Give reassurance and information*
- Encourage appropriate professional help*
- Encourage self-help and other support strategies*